

USING THE NORDIC BATH

The bath can only accommodate 4 people (including children). **Please respect this capacity.**

Always replace the lid after each use, to conserve heat for future baths and for safety. The lid is very fragile and must be carried by two people.

Do not put anything in the bath (children's toys, essential oils, bath balls...) to avoid breaking the pump.

The bath can only be heated with wood. Do not use charcoal, paper...

BATH START-UP

You can find the exact procedure here : <https://youtu.be/nK5yHychBzQ>

It takes between 2 and 4 hours of heating to reach 39°C.

To resume :

1/ Clean the firebox and empty the previous ashes into the stainless steel bucket.

2/ Split a few logs into 4 with the axe (do not split the logs on the terrace, but on the log): the logs should be approximately 5X5X30 cm. This step is essential for rapid heating. 3/ Don't fill the firebox more than half-full, to ensure good heating and prevent the fire from smoking.

4/ Soak the fire starter well and wait a few minutes before lighting.

5/ Leave the firebox door and drawer open to let in air until the logs are well ignited. You can then close it again. If they smoke, reopen the door or drawer.

- Feed the fire regularly (about 2 logs every 15 minutes).

- Leave the lid on the bath to accelerate heating. The thermometer in the bath and its display in the living room will help you reach the desired temperature.

- Stop feeding when the thermometer reaches 2° below the target temperature.

- Remove the lid in pairs (fold it in half and place it on the next table).

- Enjoy!

INSTRUCTIONS FOR KEEPING YOUR WATER CLEAN

• A soapy shower, use of the slippers provided and the foot bath are mandatory before entering the bath.

• The water level should always be 10 to 15 cm above the suction mouth (at the line).

You can correct the water level with the watering can or hose in summer.

• Replace the cover after each use. You'll need two people to do this, as it's very fragile.

• If the water becomes cloudy, add a teaspoon of chlorine. If the water doesn't improve, you can add up to 4 teaspoons for a shock treatment. If it doesn't improve after half a day, add a capful of each of the cleaning products (they're in the hall cupboard). The water must always be above the line for the products to take effect.

• Vacuum residues regularly using the INTEX vacuum cleaner in the laundry room.

It must be fully immersed for it to work.

From May to October, the vacuum works from 4am to 7am and from 2.30pm to 4.30pm.

The rest of the year, the vacuum runs continuously.

SAFETY INSTRUCTIONS

·Never jump or dive into the Nordic bath, as this may crack the shell.

·Never leave children alone in the bath

·Do not eat or drink anything inside